



HYPNODISC



YOU WILL NEED:

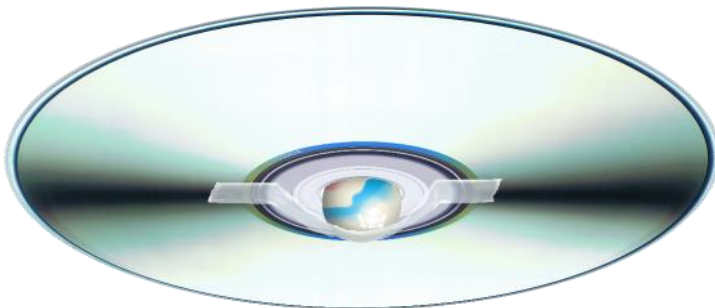
Scissors
Glue Stick
Sticky Tape

CD
Marble
Hypnodisc Pattern

WHAT TO DO:

Carefully cut out the hypnodisc pattern and glue it on top of the CD.

Poke your finger through the paper and through the hole in the CD. Carefully tear off any paper left in the hole.



Underneath the CD, put the marble into the hole as far as it will go.

Hold the marble in place with one piece of sticky tape.

Stretch the tape **tight** to hold the marble firmly in place.

On a smooth surface give your disc a spin to the right. Star at the centre of the spinning spiral for at least 20 seconds without looking away.

Then look at a friend's nose and watch it grow!





BENHAM DISC



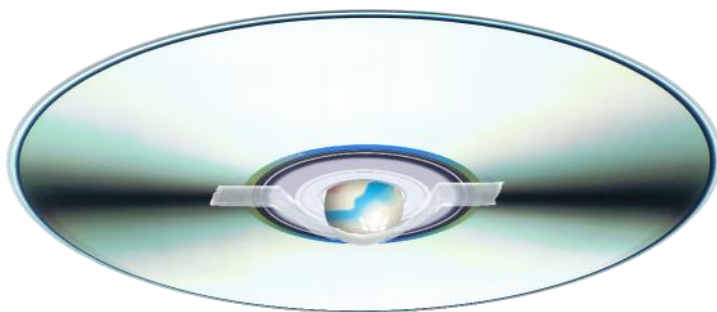
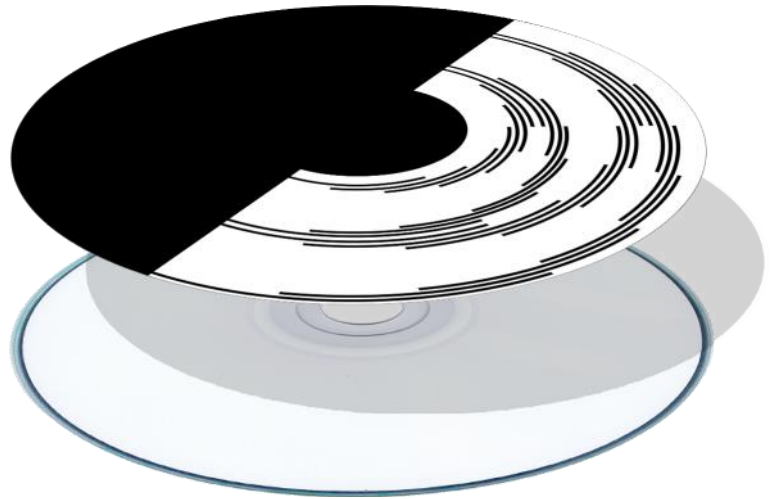
YOU WILL NEED:

Scissors
Glue Stick
Sticky Tape
CD
Marble
Colour Wheel Pattern

WHAT TO DO:

Carefully cut out the Benham disc pattern and glue it on top of the CD.

Poke your finger through the paper and through the hole in the CD. Carefully tear off any paper left in the hole.



Underneath the CD, put the marble into the hole as far as it will go.

Hold the marble in place with one piece of sticky tape.

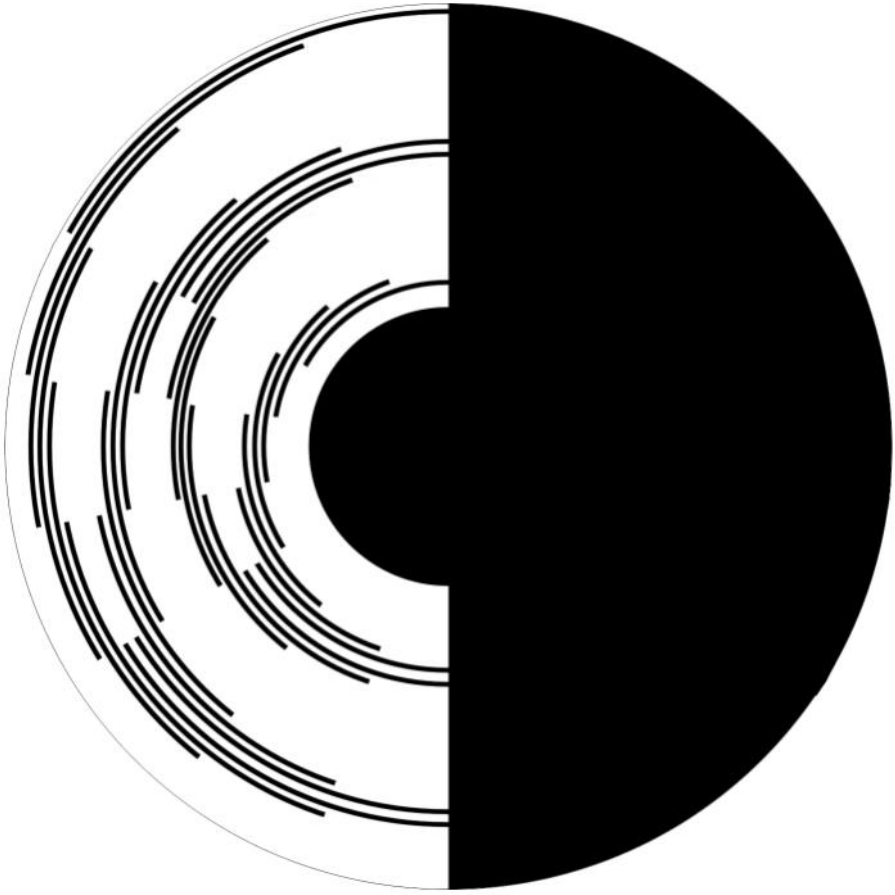
Stretch the tape **tight** to hold the marble firmly in place.

On a smooth surface give your disc a spin—the black and white disc suddenly has colour!

This is a Benham Disc, named after its creator. The flashing patterns of black and white as the disc spins are tricking your eye and brain into seeing colours.



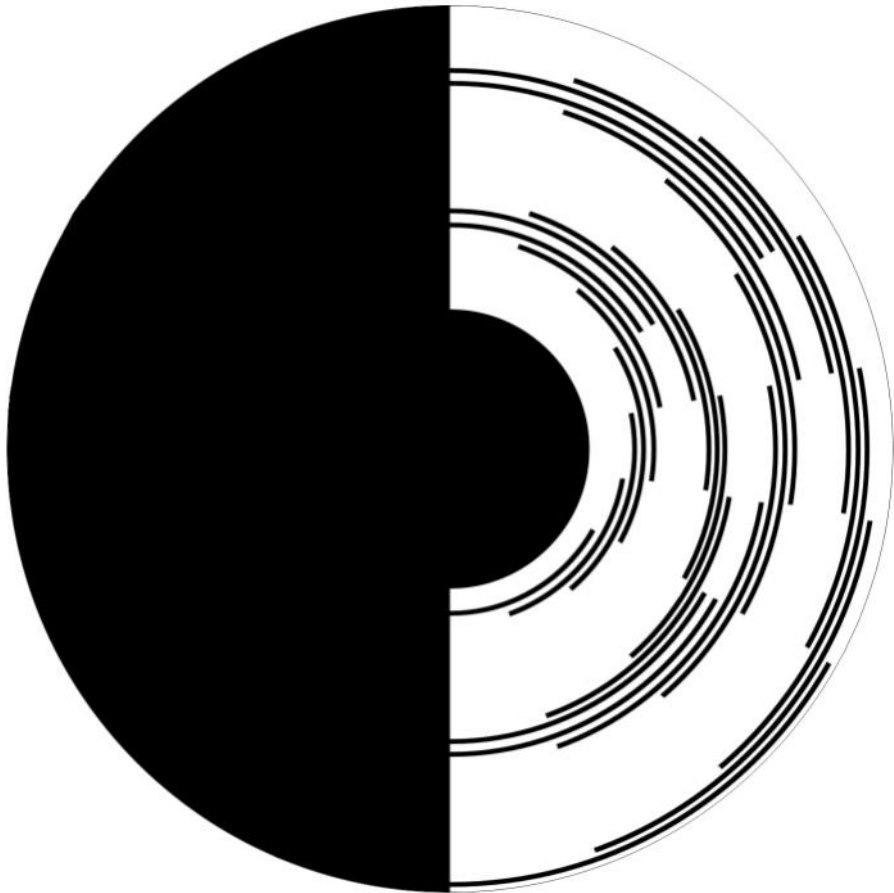
COLOUR WHEEL PATTERN



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COLOUR WHEEL PATTERN



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